

# Connect

News from your Federation

Spring 2024

If you have anything you'd like to see included in the next issue, please send it to us at: [comms@boltongpfed.co.uk](mailto:comms@boltongpfed.co.uk)

1

## Year one of our Enhanced Access Service

The end of October was the first anniversary of our Enhanced Access Service, providing evening and weekend GP appointments to Bolton people. What a fabulous first year since it's launch in 2022! To celebrate we're sharing an overview of the extra mile our fantastic team have gone to, to deliver a gold-standard service to practices, Primary Care Networks (PCNs) and people living in our communities, making it easier for them to access to primary care services. Here are some of the highlights:

APPOINTMENTS  
OFFERED

49,549

APPOINTMENTS  
BOOKED

82%

40,522

9% DID NOT ATTEND

4,324



**'Brilliant to be able to have quick access for a blood test and should be an asset for people who are working. Staff were excellent. Brilliant service'.**

3,477  
REFERRALS

Annual Hours

CONTRACTED  
14,658

VS

ACTUAL  
16,087.50

**'Very impressed with the service you deliver for our PCN and I am aware that each and everyone of you goes above and beyond what the patients and the practices expect. It doesn't go unnoticed'.**

Use the links below for more detail on each PCN:

Brightmet and Little Lever PCN

Central PCN

Chorley Roads PCN

Farnworth and Kearsley PCN

HWL (Halliwell, Waters Meeting and Lever Chambers) PCN

Rumworth PCN

Westhoughton PCN

# It's a Christmas Wrap!

December was a busy month for our staff! Here are some of the highlights from the fantastic activities we organised to help support and assist people in our communities that may find Christmas a difficult time of year.



## Christmas Dinner on Jesus



**URBAN**  
**OUTREACH** BOLTON

We collected 500 sharing bags of crisp to go into hampers. This was be our third year supporting Urban Outreach's Christmas dinner on Jesus appeal.

Urban Outreach were able to provide 2040 Christmas hampers. We were one of seventy organisations who were able to donate.

It feels amazing that we have helped some of the 6,777 people who received a hamper to have a better Christmas.



## Bolton Animal Shelter

We also collected donations for the Bolton Destitute Animal Shelter; this included food, treats, bedding and toys for cats and dogs.

## Christmas Jumper Day



**cashforkids**

Staff in the office wore Christmas jumpers and donated £1 to cash for kids in Greater Manchester. We raised a total of

**£33**





## Our people in the spotlight



**Ryan Booth**  
Quality Support

I am the Quality Support for the federation and also work alongside the Finance Team. This is my first admin role since leaving University, where I studied Accounting. Prior to this I worked in hospitality or had work experience, so I have worked in fast-paced environments before. However, this is very different and I'm enjoying the challenge of learning the procedures and organising them. I enjoy the environment of the office, where my colleagues and managers are always friendly and ready to offer helpful advice whenever they can.

In the first few months of working for the federation, I saw so much change. This makes me look forward to the changes I will see going forward and my part in seeing the federation go further.

**Ryan can be contacted at: [ryan.booth@boltongpfed.co.uk](mailto:ryan.booth@boltongpfed.co.uk)**



**Sharron McCarthy**  
Enhance Access Service  
Administrator

I have worked in the NHS for over 30 years. I started with GP Federation in October 2021 as Admin Support for the Extended Primary Care Service. A vacancy became available for the Enhanced Access service as a Service Administrator, which I applied for and was successful. I am now part of the Enhanced Access Service that is growing day by day.

My aim is to ensure patients and staff have a smooth interaction with the team and that we provide a service of excellence.

It's an absolute pleasure to be part of this humble and successful team and I look forward to ensuring Bolton people receive the excellent care they deserve and the GP Federation is recognised for its outstanding service.

**Sharron can be contacted at: [sharron.mccarthy@boltongpfed.co.uk](mailto:sharron.mccarthy@boltongpfed.co.uk)**



**Amy Humphries**  
Network Manager

Having worked in Primary Care since 2012, I was lucky to join the federation in September 2021 as Deputy Network Manager, working directly with the Central, Chorley Roads and Farnworth & Kearsley Primary Care Networks. In November 2022, my role changed to Network Manager for Central & Rumworth PCNs.

My role has rapidly changed since becoming PCN Network Manager; it is fast paced but incredibly enjoyable. My main objective is to support my Clinical Directors and the wider Primary Care Network teams to ensure they receive constant support to meet their contractual requirements; this can vary between project management, finance management, workforce management and strategic planning.

I thoroughly enjoy my role within the federation and feel very lucky to be a part of a robust Network Team and two very hard-working PCNs.

**Amy can be contacted at: [amy.humphries@boltongpfed.co.uk](mailto:amy.humphries@boltongpfed.co.uk)**

# Mobile Health Hive



In December we took to the streets of Bolton to introduce our new Mobile Health Hive. The mobile unit helps people in our communities access to vital primary care health services from a nearby street or car park.

People are invited to drop in to the mobile unit which will run until **Wednesday 6 March**, with no appointment needed, for a range of services they would normally access via their GP practice, including:

- health checks
- blood pressure checks
- lifestyle advice (including stopping smoking)
- cancer screening advice
- Covid and flu vaccines

The van provides a space for people to sit down and talk to the friendly team and get tips on how they can keep on top of their health.

The mobile unit is open to anyone living, working and visiting Bolton. Priority is given to vulnerable people, such as pregnant women and adults from African and Caribbean communities where uptake in important health checks and vaccines are traditionally low.

With many thanks to Greater Manchester NHS for funding for Bolton GP Federation to deliver this fantastic service.

**Don't forget all of these services are available at Bolton Health Hive:**

- Health checks
- Signposting to other services
- Lipid optimisation (via invite only)
- Phlebotomy
- Covid and Flu vaccinations
- Pill and HRT checks

**“With general practice working at full capacity and the demand for health services increasing day by day, this can lead to difficulty for people accessing services - the Mobile Health Hive has been a welcomed addition to the capacity we can offer to people living in Bolton.”**

**Federation Chair, Dr Kamran Khan**



We have a dedicated page so that residents can see where the mobile unit will be each week and the services available at Bolton Health Hive:

**[www.boltongpfed.co.uk/healthhive/](http://www.boltongpfed.co.uk/healthhive/)**



# Are you an experienced nurse looking for additional hours?

Bolton GP Federation is recruiting experienced General Practice Nurses to join our Experienced Nurse Network.

## Benefits:

- Pick shifts that fit around you
- Competitive hourly rate

For more information, please email:  
[hello@boltongpfed.co.uk](mailto:hello@boltongpfed.co.uk)



**BOLTON  
GPFEDERATION**

Supporting and Shaping Local Communities



## Pharmacy meeting

Thanks to the success of our first pharmacy meeting in September, we held our second event at Bolton Octagon Theatre on 12 December for Pharmacy Technicians and Pharmacists from across all 7 of our networks.



The Bolton GP Federation Pharmacy meeting enabled staff to discuss the effects of malnutrition and the resources available to identify it. It was amazing to see so many of our staff attend again who work within pharmacy from across our networks at the meeting.

Our key speakers were Siobhan McKenna from Age UK and Chris Haigh, Head of Medicines Optimisation.

## Pharmacy First Launch

NHS Pharmacy First advanced service launched on Wednesday 31 January 2024, with more than 10,000 pharmacies who have registered to deliver the service to date.

The new Pharmacy First Service enables community pharmacists to complete episodes of care for patients without the need for the patient to visit their general practice. This, alongside expansions to the pharmacy blood pressure checking and contraception services, will save up to 10 million general practice team appointments a year and help patients access quicker and more convenient care, including the supply of appropriate medicines for minor illness.



Think pharmacy first

See your  
pharmacist  
Help us  
help you



## Our Social Prescribers

### Fresh as a Daisy Bolton

Some of our Social Prescribing Link Workers have been out and about supporting the work of local charity, **Fresh as a Daisy Bolton** which provides sanitary products to those who can't afford or access them.

They delivered supplies to New Bury UCAN Centre and the foodbank at the Well Church, Farnworth.



## Award finalist

**Alison Lowe, Social Prescribing Link Worker**

Congratulations to Alison Lowe, Social Prescribing Link Worker with Westhoughton PCN, who has been named as a finalist in the Women in Health and Wellbeing category of the Bolton Women in Business Awards 2024.

Good luck for the finals in April!



# time to talk day

## 01/02/24

Bolton GP Federation collaborated with the Woodland Trust for Time To Talk Day on 1 February to offer a mental health and wellbeing day walk and talk where people could hear from local mental health services and wellbeing courses as they toasted marshmallows.



Rethink  
Mental  
Illness.

# ANSWER CANCER



Answer Cancer has joined forces with Bolton GP Federation to pledge paid leave for its staff to attend cancer screening appointments

Concerning research has found that some people are unable to attend cancer screening appointments due to working full time. For example, according to recent information shared by Jo's Trust, only 1 in 5 full-time workers were able to get a convenient cervical screening appointment last time they tried to book.

To help address this, Bolton GP Federation has made a commitment to their staff that they can attend cancer screening appointments during work hours, on those occasions that they can't get an appointment at a different time.

Bolton GP Federation is also supporting Answer Cancer's engagement strategy by raising the profile of health and wellbeing in the workplace and empowering their team to look after their health.

If you would like to find out more about the "Bee Seen – Get Screened" initiative, you can email Answer Cancer at:  
[info@answercancergm.org.uk](mailto:info@answercancergm.org.uk).

The 'Bee Seen – Get Screened' campaign encourages raising awareness of the screening programmes available to the public by way of training, staff sessions and much more.

Alison Page, Chair of the Answer Cancer Programme, said: "As a programme that is already working to increase cancer screening rates across Greater Manchester, at Answer Cancer we know the importance of removing barriers to taking part in screening. These can include cultural barriers or language issues, but for many it is as simple as being able to take time off work to attend screening."

**We are pleased to support the  
'Bee Seen – Get Screened'  
initiative for our staff and would  
encourage all workplaces to join  
in and help tackle cancer."**

[www.answercancergm.org.uk](http://www.answercancergm.org.uk)

## Cervical screening

Bolton Health Hive is now offering walk-in (no appointment needed) Cervical Screening on Tuesdays, Wednesdays and Thursdays, 10am-4pm for anyone registered with a Bolton GP and due their smear test.

Cervical screening (smear test) is an important way to prevent cervical cancer which is why we want to encourage women to attend when invited.

Our experienced nurses are available to provide advice and carry out smear tests with no appointment needed.

[www.boltongpfed.co.uk/healthhive](http://www.boltongpfed.co.uk/healthhive)

**Bolton  
Health Hive**  
Local healthcare on your high street

The Bolton Health Hive, Market Place, Knowsley Street, BL1 2AL.



## Choir who stand up to cancer

**Almost twelve years ago a new community choir came together for their first rehearsal: widely considered at the time to be ill-conceived and doomed to failure Bolton Cancer Voices sought to offer a different, inspirational and fun way to support people living with or beyond cancer of any kind.**

Nothing has stood in their way since and following a protracted period apart during the pandemic they were delighted to finally be reunited last September under the baton of new Musical Director – Katie Geelan, welcoming many new members. Now excitedly looking to the future the choir is keen to encourage more people to take up singing with them. Not only is singing in a choir a wonderful hobby, it's increasingly recognised as having positive benefits on health and well-being and in the case of Bolton Cancer Voices it provides a community with singing at its heart and a supportive environment running throughout, where the challenges that can accompany a cancer diagnosis or moving on afterwards are understood. Whilst some people choose to leave everything cancer related at the door and focus on the joy of singing, learning something new, having a laugh and looking forward to the next concert or activity, others are drawn to this special choir because of its unique community, where there is reassurance in knowing that cancer is a condition everyone is familiar with and there will always be someone willing to listen, speak with them or share the benefit of personal experience.

Membership is open to anyone eighteen years old and over, who has received a cancer diagnosis of any type at any time in their life. The choir has no geographical restrictions, as long as people can get to the centre of Bolton for rehearsals on Monday evenings: membership is free; you don't need to read music; you can be a seasoned performer or completely new to singing and there are no auditions to worry about.

People have joined at all points in their cancer journey from one day post diagnosis to fifty-five years post diagnosis: some members are currently receiving treatment, others many years on from the period of their illness and some living with cancer as a chronic condition.

Whilst Bolton Cancer Voices has a unique criterion for membership they certainly don't allow themselves to be defined or restricted by the disease. Their many highlights include an annual 'Jingle Bell Sing-A-Long' concert at the Victoria Hall to which, they have welcomed guest bands including Besses Boys' Band and the Greater Manchester Police Band; various singing workshops; recording a CD; being featured on BBC Northwest Tonight, ITV Granada Reports and That's Manchester; appearing at Manchester Cathedral; their 5th Birthday concert with guests Salford Symphony Orchestra and Affetside Choir; a joint venture with the legendary 'Houghton Weavers' and participating in the 'Festival of Brass and Voices' at the Royal Albert Hall, London.



**"It's awesome to finally be back together and once again filling the air with the sound of music on Monday evenings. The enthusiasm is infectious and we want even more people to experience this. We know it can feel daunting to make that first call, particularly if you've never previously been in a choir, but I can assure you that we're a really friendly bunch and you will be made most welcome. Sadly there will be many people out there who received a cancer diagnosis or thankfully completed their treatment during the time we were apart and we'd dearly like to connect with them and welcome them to our choir: it's free, so what have you got to lose!"**

**Karen Elliott – Founder & Chair**



**For more details contact Karen on  
01204 595562 / 07773 164235**



# United We Run!



United We Run is a groundbreaking running initiative aimed at inspiring women in Bolton to embark on a journey towards a happier and healthier lifestyle. This innovative running programme is designed to inspire and empower women of all ages and fitness levels in Bolton to start or re-start running.

Well done to everyone who took part in and completed the 5k run and walk through the town centre and Queens Park on Saturday 6 January as part of the launch of the Bolton United We Run campaign.

The campaign aims to bring women together to run, and run safely.

United We Run has been brought to Bolton thanks to a collaboration between Bolton GP Federation, Bolton Council, Bolton Wanderers in the Community and Her Spirit.

**“Exercise is the one thing that can have the biggest impact on people’s health and happiness – and if we could bottle that and prescribe it in a pill, we would.**

**As part of our commitment to tackling health inequalities, we want to do everything we can for Bolton people to get the most out of being more active.”**

Federation Chief Officer, Michael Smith

**Ready to run  
or want to  
walk more?**



United We Run is not about speed or distance; it's about YOUR journey to becoming fitter, stronger, and healthier.

**Start your journey today:**

**[www.unitedwerun.co.uk/bolton/](http://www.unitedwerun.co.uk/bolton/)**



# Bolton Community Run Officially Launched



Bolton Wanderers FC's players helped to launch the inaugural Bolton Community Run 10K event, which will see thousands of runners starting and finishing at the Toughsheet Community Stadium on the Sunday 28th April - taking part in the run for fun, personal challenge or to raise funds for charity.

Aaron Morley and Will Forrester gathered to officially launch the 2024 event alongside key run partners.



**in the community**  
*One Club. One Community. One Town*

Find out how to enter  
[Click here](#)

## Unlocking Wellbeing

In January a new programme 'Unlocking Wellbeing in Bolton' was launched. Using a grant from the Lottery Healthy Communities Together fund, the programme will be delivered through a partnership of voluntary and community sector organisations, housing organisations, the NHS and the Local Authority.

The programme aims to reduce health inequalities for carers through supporting their health and wellbeing and empowering their voice into the system. The work will primarily focus on carers who come from minority or marginalised communities due to ethnicity or deprivation.

For more information please call  
Natalie Holt on 07511211469 or email  
[natalie@boltoncvs.org.uk](mailto:natalie@boltoncvs.org.uk).

Bolton  
Solidarity  
Community  
Association

**bolton**  
**cvs**

 **Bolton**  
carers support



**OCTAGON**

**in the community**  
*One Club. One Community. One Town*





FREE  
SERVICES

## INFANT FEEDING PEER SUPPORT SERVICES IN BOLTON

Find out more about our information and support services available for all your infant feeding needs.



### OUR PREGNANCY AND PARENTING SESSIONS

Online and face to face sessions are available at locations across Bolton.  
Find out more and book your free place at  
[book.breastfeedingtogether.co.uk](http://book.breastfeedingtogether.co.uk)



### SUPPORT IN HOSPITAL

On Royal Bolton Hospital's Maternity Wards over 7 days a week



### HOME VISITS

1-1 Infant Feeding Support available at a time to suit you including evenings/weekends



### LIVE WEB CHAT

[www.breastfeedingtogether.co.uk](http://www.breastfeedingtogether.co.uk)  
7-10pm daily



### PHONE SUPPORT

Call, text or WhatsApp on  
07742 234496



### OUR GROUPS

**Tuesdays -**  
9.30am – 11am @ Farnworth Family Hub  
**Wednesdays -**  
1pm – 2.30pm @ Alexandra Family Hub  
**Thursdays -**  
1pm – 2.30pm @ Oldhams Family Hub  
**Fridays -**  
10am-11am online via Zoom



### BREASTPUMP HIRE

Local Breastpump Hire is available



### ONLINE SUPPORT FORUM

Breastfeeding Together Connect & Share on Facebook is available 24/7

Find out more about all of our services at-

[www.breastfeedingtogether.co.uk](http://www.breastfeedingtogether.co.uk)



# Digital Transformation

By embracing digital transformation, Bolton GP Federation aims to utilise the latest technologies available to improve the experience of Bolton people. We're doing this by supporting practices and primary care networks with a range of innovative projects such as:



Click here to watch Dharmesh Mistry, Digital Lead for Bolton GP Federation Board, share his thoughts on the importance of embracing digital transformation



We are working with colleagues from Bolton Council's Digital, Employment and Skills Team and Bolton Foundation Trust's Informatics Team to promote the use of the NHS App. The latest event, at Little Lever Library & Health Centre on Friday, 19th January 2024 saw around 70 people attend, which had been promoted via SMS directly to patients.

The majority of the people that attended were supported to get the app up and running on their mobile devices or given instructions on what steps to take to get themselves set up.

The NHS App provides a simple and secure way for people to access a range of NHS services on their smartphone or tablet so is a powerful tool in connecting people to the services they need.

Following the success of the event in Little Lever, further events are being planned across Bolton so look out for further information on this via local GP practices.

Have you downloaded the app yet?



We have been working with eConsult to implement an online triage solution across the Chorley Roads Primary Care Network, to help health care professionals provide the most appropriate care, that meets the healthcare needs of the patient.

The solution also enables people to manage their own conditions with validated self-help content from trusted NHS sources and integrates with the NHS App.

Working alongside colleagues at Bolton Foundation Trust, our PCN team are supporting practices with their migration to new telephony systems that can:

- help mitigate the "8am rush" by providing the ability for call waiting (you will know at which point in the queue you are at any given time)
- allow for more signposting messaging whilst patients are on hold, including information on how to make more use of digital tools
- automate call backs which takes away the burden of patients having to ring the practice.

## New Websites at Chorley Roads Primary Care Network

Chorley Roads Primary Care Network is also launching its new website as a digital front door for patients from across the whole network area. This includes the ability to book appointments, find out the services that are offered and also a virtual tour of the practice. (See example here) Additionally, they have developed an intranet page for staff that is unique to them. This includes:

- The latest news
- Staff member directory
- Documents folders
- Live chat area to communicate with colleagues

## Utilising SharePoint sites

Do you know what a team or communication site is? We have been trialing innovative ways of working through SharePoint sites.

### What does this mean?

We are moving away from constantly emailing each other to communicating through SharePoint sites. Not only does this benefit internal staff, but has shown great benefit for our partners, allowing us to securely manage joint projects, keep on track and share documents with each other without clogging up email inboxes.



## GREATER MANCHESTER

### TRAINING HUB

Putting training & education at the heart of primary and social care

Following a few technical teething issues, we officially launched our new Greater Manchester Training Hub website on Friday 1 March.

GMTH provides a single point of access to Primary and Social Care education and training across Greater Manchester. By working alongside other educational providers, GMTH is able to promote primary and social care as the career destination for caregivers and healthcare professionals.

There is a wide range of accessible training and development programmes and placements for people working in primary and social care:

#### LEARNING ENVIRONMENTS

##### GPs

##### NURSES

##### MULTIDISCIPLINE

##### Advanced Clinical Practice (ACP)

Exciting development opportunity to become an Advanced Clinical Practitioner. Support career progression within primary care.

##### Wider Workforce Lead

General practice clinicians working at advanced practice level interested in clinically supervising the wider workforce.

##### Apprenticeships

Clinical or non-clinical course to learn and gain experience in a real-life work environment with the opportunity to study for a formal qualification.

##### Trainee Nursing Associates (TNA)

An apprenticeship to develop primary care employees including Health Care Support Workers to become Registered Nursing Associates.

##### GP Fellowship

Mentorship from experienced GPs. Aimed at welcoming newly qualified GPs in the GM area. Paid CPD session learning and development networks.

##### Unified Learning Environments (ULE)

Become an accredited and audited unified learning environment to help build the wider primary care workforce. Allow learners to build their competencies in a real-life, primary care environment.

##### New to Primary Care (N2PC)

Open to all new to primary care colleagues. This programme provides fundamental knowledge to support the transition into primary care.

##### Social Care Continuing Professional Development (CPD)

In partnership with the Greater Manchester Social Care Academy, we have created a funded training programme for the registered social care workforce.

##### Non-Medical Prescribing (NMP)

NMP can support roles and career development by enabling practitioners to enhance their skills and knowledge in managing patient care.

##### GPN Foundation

A programme designed to develop and enhance GPN skills, supported by experienced nursing peers.

##### GP Mentor Scheme

Experienced GPs supporting newly qualified GPs within the practice and primary care network.

##### Clinical Learning Environments (CLE)

Championing social care environments to become CLE. Effectively train and prepare the future workforce of the social care sector. Learners from HEIs are placed into a social care environment.

##### Primary Care Continuing Professional Development (CPD)

CPD funding may be available each year. Courses can be tailored to your primary care needs. Inclusive of Registered Nurses, Midwives and AHPs (All roles).

##### Social Care Wider Workforce Training

Training and development opportunities for the non-clinical registered adult social care staff.

##### Fairer Health for All

Greater Manchester's (GM) response to 'Build Back Fairer', a series of national must-dos and regional ambitions to advance equalities across our city region to address root causes of ill health and inequalities and create a healthier, cleaner, and greener place to live, for all.

##### GPN Fellowship

A two-year programme that supports the transition into primary care for both newly qualified and new to primary care nurses.

##### GP Phoenix

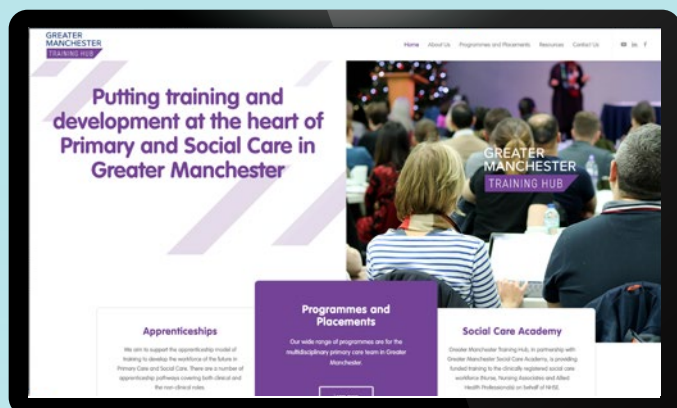
A national programme aimed at mid-career GPs who are looking to re-engage, inspire, and develop themselves and their leadership skills.

##### Nurse Mentor Scheme

Experienced GP Nurses who mentor nurses on the NHSE GPN Fellowship

##### Positive Practice

Positive Practice is a personal development course aimed at improving the resilience and positivity of GPs working within the Greater Manchester ICS area.



[Click here to visit the new GMTH site >>](#)

# Counselling Students Programme Placement












University of  
**Salford**  
MANCHESTER

## Could your organisation be a placement provider?

GMTH in partnership with the University of Salford is looking to place the latest cohort of Counselling students within primary care for the next academic year.

Learners are available to start as soon as possible with each needing to complete a total of 100 counselling hours over 12-months and typically complete one to two 3-hour sessions a week (AM or PM). Patients with low level anxiety, depression, bereavement, life issues can be referred to the learner after being assessed by a GP.

## Guidelines for Placement Providers:

	<b>01</b> To provide secure, private accommodation for the student to practice their counselling in, and for this space to be available at a consistent time each week.		<b>06</b> To have a clear understanding of what a student is to do if a client does not turn up regarding re-booking.
	<b>02</b> To have structures in place for the referring of clients to the student on placement.		<b>07</b> To provide some support for the administration of the service, and being open regarding what the responsibilities of the student are, and of which parts of the process will be done by the organisation.
	<b>03</b> To provide an induction to the student, to include such information as health and safety information, policies and procedures, paperwork expected.		<b>08</b> To contact the university at the earliest opportunity to discuss any queries, concerns, or to get clarity regarding their or their student's responsibilities, or concerns regarding the student's performance, competency or fitness to practice.
	<b>04</b> To have someone available in the building to whom the student can go for support immediately after a session if required.		<b>09</b> To provide an environment for the student which complies with health and safety legislation, and to have policies and procedures in place regarding health and safety matters.
	<b>05</b> To have a named person to whom the student is to report, and who can provide day to day supervision (not clinical supervision) of the student.		

For more information, please contact: [GMTH@GMfeds.co.uk](mailto:GMTH@GMfeds.co.uk)

## GMTH Partnership Programmes



Prince's Trust

### Are you passionate about health inequalities and want to make a difference to young people's lives?

From April 2024, Greater Manchester Training Hub (GMTH), alongside the Prince's Trust are looking for practices and environments to provide an opportunity for individuals to gain knowledge, skills and experience within the primary care sector and help support the non-clinical workforce.

For more information email:

[carla.slater1@nhs.net](mailto:carla.slater1@nhs.net) or [jon.hopkins2@nhs.net](mailto:jon.hopkins2@nhs.net)

[Click here to view course](#)



### HFMA Bitesize Short Courses

Greater Manchester Training Hub and NHS Greater Manchester are working collaboratively to support management training in primary care across Greater Manchester.

In partnership with the Healthcare Financial Management Association, they are offering seventy fully funded licenses for non-clinical staff in primary care to undertake CPD Accredited courses.

For more information email: [GMTH@GMFeds.co.uk](mailto:GMTH@GMFeds.co.uk).

[Click here to view course](#)



# Individual Placement Support in Primary Care



**Working Well: The Growth Company work with disabled people and those with long term health or mental health conditions which makes it difficult for them to find and keep work.**

Individual placement and support in primary care can provide people with tailored support and guidance, putting their needs at the centre, in order for them to gain long lasting employment.

Through the programme, people have access to a personal Employment Specialist, who will provide them with rapid job search assistance to help them find employment that works for them and easily slots into their lives while being mindful of their health.

They can also help people who are already in work but are struggling - they can work with the person and employer to tailor a plan which will support them.



The  
Growth  
Company  
Employment

People can self-refer, or they can be referred via a professional such as their mental health practitioner, social worker, GP or other health and care staff.

Referrals can be sent to:  
[IPSPCreferrals@gcemployment.uk](mailto:IPSPCreferrals@gcemployment.uk) or via  
[www.gcemployment.uk/wwipspc](http://www.gcemployment.uk/wwipspc)

## Primary Care Case Study

Debbie self referred to the programme after a recommendation from a friend. She had previously experienced domestic violence and had been through the care system. As a result she had experienced trauma, anxiety and depression.

When she came for her initial meeting she was keen to engage with us as she felt work was a clear pathway to supporting her mental health. In her personal life, she was looking to move in with her new partner, who needed additional support, so having an income to support the household was important.

We discussed a number of employers in our first meeting, one of which, SWD Premier Clothing, really appealed to her as it was local, she had the relevant experience and it was full time/permanent, which would support her financial goals, and meant she would be in a position to support her partner, who was not working at the time. We already had an ongoing relationship with the SWD, so we immediately initiated a conversation with them.

On the second day we completed a Better Off Calculation to ensure Debbie felt confident about her financial position, and she was offered the job the same day after a face to face meeting, for an immediate start. Together we developed an initial in work support plan which included contact outside of work hours.

Debbie has now been employed for a month. Initially she felt the physical elements of the role challenging. After week 2 she received her first wage and she was delighted that she was finally earning, had a routine, keeping busy and was starting to make friends in her new role. She feels valued and supported by her employer, who we continue to engage with. The impact on her mental health has been incredible.

She is still employed and continues to progress with her recovery.



# Save the dates...

## International Women's Day

**Friday 8 March**

**11am to 3pm**

**Victoria Halls, Walker Suite, Bolton, BL1 2AS**

Our staff will be offering any attendee the opportunity to have their BP, height, weight, and pulse checked as well as offering general health advice. We will also be promoting the Bolton Heath Hive.

Our Dawn Lythgoe will also be hosting a two-hour radio show on Bolton FM focusing on Women's Health and Inclusion to celebrate International Women's Day. She has a variety of guests on the show – women from across Bolton who are passionate about inspiring women to be healthier, more active and empowered. Listen in live or follow our social media for updates.

**96.5 BOLTON FM**

*The voice of the Bolton family*

 **Endeavour**  
For people and their pets  
[www.endeavourproject.org.uk](http://www.endeavourproject.org.uk)

Join Us to Celebrate

## International Women's Day

**Friday 8 March 2024**

Victoria Halls,  
Walker Suite,  
Bolton  
BL1 2AS

**11am to 3pm**  
**FREE ENTRY**

Email to book your **FREE** place:  
[angelag@endeavourproject.org.uk](mailto:angelag@endeavourproject.org.uk)

Refreshments  
Entertainment  
Pampering  
Crafts  
Information



Scan Here  
to reserve a spot

Endeavour is the working title for Paws for Kids. Company Limited by Guarantee No 4070391 Registered Charity No 1094561

## Saturday 22 June

Come to this year's Bolton Eid Extravaganza and join in our exciting celebration, where everyone is invited!

**Festival Hall and Lancaster Suite, Town Hall, Bolton, BL1 1RU**

**11am to 4pm**

Eid Extravaganza is a community-led initiative that seeks to enhance community cohesion throughout the society.

## SAVE THE DATE

*Bolton Eid Extravaganza 2024*

**Saturday 22nd June 2024**

**11.00am - 4.00pm**

Festival Hall & Lancaster Suite, Town Hall, Bolton, BL1 1RU

We are looking for business, corporate & other partners to sponsor the event. If this is of interest to you please email and a volunteer will be in touch. Like last year all proceeds go to the Mayor's Charities.  
[sunnysideclubbolton@yahoo.com](mailto:sunnysideclubbolton@yahoo.com)



**Bolton Council**

**Bolton at Home**

If you would like any of your messages elevating or stories sharing please send them through to [comms@boltongpfed.co.uk](mailto:comms@boltongpfed.co.uk)

 **Twitter**  
[@boltongpfed](https://twitter.com/boltongpfed)

 **Facebook**  
[@boltongpfederation](https://facebook.com/boltongpfederation)

 **LinkedIn**  
[@boltongpfed](https://linkedin.com/company/boltongpfed)